

## News from the Pastor's Desk



**It's Time for a Checkup – Please mark your calendars for October 11, 12 and 13 –** We have invited the Oregon Church Consulting team to spend a weekend with us here at

Rockwood Adventist to help us evaluate the health of our Church. Over the next few weeks leaders and guests will be asked to complete surveys that evaluate the effectiveness of our church in the pursuit of the mission God has given us. Then on Friday night October 11 the team would like to meet with every interested member of our church to talk about the direction and dreams we have for our Church. On Sabbath morning the team will be with us to observe and evaluate our Sabbath morning activities. Then following an all-church potluck the consulting team will present the results of our own self-evaluations, visitor evaluations and the consulting team's evaluation of our church. Following their presentation we will break up in small groups to brainstorm and discuss ways to strengthen our church. Finally on Sunday morning the consulting team will meet with our leadership team to discuss how we begin to implement the strategies we identify during our time together on Sabbath. Everyone is invited and encouraged to participate. Please make it a priority on your calendar. Rockwood needs you!



### Parenting Teens in a Digital World

Parents in today's technological age are dealing with issues that their parents never had to face. Social media is a

cultural change that did not enter our world until the end of the last century – and it's not a passing fad. Instead, it's become the fabric of our American culture. As with many things, technology has proved to be both a blessing and a curse. What impact is it having on your family? A recent study conducted by the Institute for Advanced Studies in Culture revealed some startling information that every parent should know. Continue reading this story at

<http://www.adventistreview.org>

Join us on Facebook <https://www.facebook.com/RockwoodAdventist>

## Week at a Glance

Today	Sunset-Farewell to Sabbath	7:09pm
Sunday	Pathfinders – Field Uniform	6:00pm
Tuesday	Harvest Share Tuesday Morning Bible Study	7:30am 11:30am
Wednesday	Prayer Power Group	7:00pm
Friday	Sunset-Welcome the Sabbath	6:58pm
Next Sabbath:	House of Prayer Experience Sabbath-School Classes Worship Service Offering: OC Youth/Ed Fund Sunset-Farewell to Sabbath	9:30am 10:00am 11:00am 6:56pm

**Do You Have An Urgent Prayer Request?** To start the prayer chain please call the church office (503) 661-4100.

## Contact Information

### Church Office Hours

10-3 on Mon., 9-4 Tues. & Wed., 9-3 on Thurs.

1910 SE 182<sup>nd</sup> Ave., Portland, OR 97233

E-mail: [RockwoodAdventist@gmail.com](mailto:RockwoodAdventist@gmail.com)

Website: [www.RockwoodAdventist.com](http://www.RockwoodAdventist.com)

Telephone: (503) 661-4100

Please note that messages left on voice mail after office hours on Thursday will not be heard until Monday morning.

### Support Your Church Financially online at

[www.RockwoodAdventist.com/onlinegiving](http://www.RockwoodAdventist.com/onlinegiving)

Ministers	Everyone	ask-them
Lead Pastor	Gene Heinrich	(503) 781-5799
Small Group Pastor	Jared Spano	(503) 888-0141
Secretary	Kamille Ross	(503) 661-4100
Deacon Team Leader Today	Constantin Moisescu	

# Rockwood Seventh-day Adventist Church



## Growing Disciples Preparing People to Meet Jesus

September 21, 2013



## House of Prayer Experience

9:30 A.M. to 9:55 A.M.

*Do you need hope? Do your friends, family, and/or neighbors need hope? Join us every Sabbath morning as we pray for our community, our church, and our families. If you are longing for hope in the midst of apparent hopelessness the House of Prayer Experience is for you.*

## Small Group Bible Study

10:00 A.M. to 10:50 A.M.

*Please visit our information desk for a complete list of Saturday Morning Bible Study Groups. We invite you to join the group of your choice.*

## Worship

11:00 A.M. to 12:15 P.M

Welcome & Greeting Time	Pastor Gene
Praise Time	The Praise Team
Children's Story	Pastor Gene
Our Gift to God	"Church Budget" Everyone
Worship in Music	Kyle Zimmerman & Miles Douglas
Worship in Word	Pastor Gene
	<b>"Sin-Victim-Sin: Caught in the Middle"</b>
Closing Song	"I Lay My Sins on Jesus"
Prayer Garden	Mike Cianci
Piano Postlude	Brent Sumaraga

*Audio and Video Recordings of our weekly Bible Teachings are available online or through our media library located in the lobby.*

## Rockwood Community News

**Please Register for the Free Cooking & Nutrition Class** held every Wednesday for 6 weeks, 11:15am to 1:15 pm October 2, 9, 16, 23, 30 and November 6, downstairs in Fellowship Hall. These are for those with diabetes or those who support diabetics. Learn to cook healthy food on a budget! Rockwood members can attend free of charge. **You must call Jeff at (503) 988-5400 x 23660 and register ASAP!**

**Harvest Share** - Come and help share fresh fruit and veggies with the needy at 7:30 am on Tuesday, September 24.

**Special Thanks** - I really want to give a warm thanks to all who signed cards and prayed for me during my recent illness. You were a real blessing.--**Shirley Jordan**

**A Quick Heads Up** - Our next All-Church Potluck will not be on the first Sabbath of October, as is customary, but will instead be on the 2<sup>nd</sup> Sabbath, October 12.

**Please Remember the Caring Cards** - If you would like to send a note of encouragement to one of our members or regular attendees, just grab one of the cards off the desk in the lobby, write your note and place the card in the offering plate or on the office desk. **We will mail it for you!**

**Children's Safety** is a top priority at Rockwood Adventist. Copies of the Child Protection Policy & Guidelines are on the bulletin board. Parents, we ask that you please escort your children to the restrooms and be aware of where they are at all times.

## Other News and Events

**Diabetes Health Lecture**, Thursday September 26th at 7:00 p.m. at Lents Adventist Activity Center, 8815 SE Woodstock Blvd. "How to Prevent and Control Diabetes" will be presented by Jan Fucillo, R.N. and Certified Diabetes Educator. Questions? Please call (503) 665-3076.

**Wayne Blakely Presents** "Homosexuality, Holiness & Hope: One Man's Journey of Amazing Grace," on Sept. 28, with sessions at 10 am ("Out of Innocence"), 11 am ("Engage"), and 2 pm ("Identity Matters"), at Healing Hope Adventist Fellowship. Wayne Blakely shares a story of redemption - a testimony of healing and victory promised to any sinner. He has appeared on 3ABN, Better Life Television, and has been a featured speaker at ministerial leadership conferences in the North Pacific Union Conference in addition to weekend seminars at churches and schools across the country. Healing Hope is located at 15150 NE Glisan St., Portland. Visit [www.healinghopesda.com](http://www.healinghopesda.com)

**New Hood View CHIP** begins September 29th at Portland City Sanctuary (1640 NW Irving St, Portland). Free Information Sessions on September 22, 24 and 29 at 5:30 PM. Regence BCBS and other major health plans will reimburse all or a portion of fees for eligible members. Discover, Experience, Explore and Share CHIP; a journey to better health. For more information call the Hood View CHIP information line: (503) 512-9055. Dr. Hans Diehl, renowned speaker, author and health evangelist, will be at Hood View Church from 9:00 am to 4:00 pm on Sabbath, September 21.

**Oregon Adventist Men's Chorus** presents "Brethren in Concert" on Sabbath, October 5, at 7:30 pm at Sunnyside Adventist Church, 10501 SE Market St. Free tickets required. Go to [www.oamc.org](http://www.oamc.org) or call (503) 410-6970.

**The Adventist Book Center's** Spirit of Prophecy Sale is October 6-13. The Spirit of Prophecy books will be 25% off the regular price. Now is a good time to add to your library. (Books under \$5.00 are excluded.)

**Adventist Health Hospice** is offering free training for new Hospice volunteers October 7-9 and Oct 14-16 from 6-8 pm. This is a wonderful opportunity to train for a rewarding ministry, touching lives and families. For more information email, Debra Schneider, volunteer coordinator, at [Debra.Schneider@ah.org](mailto:Debra.Schneider@ah.org) or contact Harold Burden at 503-257-4883 or [hoburden@earthlink.net](mailto:hoburden@earthlink.net)