

## An Introduction to Communion

Anyone who has accepted Christ as his or her savior is welcome to participate in our communion service. As a Seventh-day Adventist Church, we celebrate communion once every three months and on other special occasions throughout the year.

Communion is an occasion of solemnity and heart-searching, of rejoicing and anticipation. Our service is designed to bring the congregation encouragement and spiritual renewal. As we partake, we joyfully proclaim the Lord's death until He comes again. At the conclusion of the service, a special offering is taken for the needy.

### First Time Participants

If this is your first time to participate in a communion service, we invite you to join the appropriate group for the ordinance of humility (foot washing). Someone will gladly guide you through the service and/or you are welcome to just observe. Those who choose not to participate in The Ordinance of Humility, including children, are welcome to remain in the sanctuary for a brief video presentation.

**The Ordinance of Humility** or foot washing service is meant to symbolize Christ's washing of his disciples' feet at the Last Supper. Participants separate by gender or families to the appointed area to conduct this ritual. This allows men to serve men, women to serve women, and/or family members to serve each other. Ordained by Jesus, this service symbolizes a renewed cleansing, and a willingness to serve one another in Christ-like humility, and to unite our hearts in love. (John 13:5-20)

**The Lord's Supper** is a participation in the emblems of the body and blood of Jesus as an expression of faith in Him, our Lord and Savior. Preparation for the Supper includes self-examination, repentance, and confession. The emblems for this service consist of unleavened bread and unfermented wine (grape juice). (1 Cor. 10:16, 17; 11:23-30; Matt. 26:17-30; Rev. 3:20; John 6:48-63.)

## Week at a Glance

Today	Sunset-Farewell to Sabbath	4:35pm
Sunday	NO Pathfinders	
Tuesday	NO Tuesday Morning Bible Study	
Wednesday	NO Prayer Power Group	
Wednesday January 1 thru Tuesday January 7 "Seven Days of Prayer" - 7:00 am & 7:00 pm		
Friday	Sunset-Welcome the Sabbath	4:40pm
Next Sabbath:	Sabbath-School Classes	9:30am
	Worship Service	11:00am
	Offering: Church Budget	
	All-Church Potluck	12:30pm
	Deacons/Deaconesses/Elders	1:45pm
	Sunset-Farewell to Sabbath	4:41pm

**Do You Have An Urgent Prayer Request?** To start the prayer chain please call the church office (503) 661-4100.

## Contact Information

### Church Office Hours

9-4 Tues. & Wed., 9-3 on Thurs.

1910 SE 182<sup>nd</sup> Ave., Portland, OR 97233

E-mail: [RockwoodAdventist@gmail.com](mailto:RockwoodAdventist@gmail.com)

Website: [www.RockwoodAdventist.com](http://www.RockwoodAdventist.com)

Join us on Facebook <https://www.facebook.com/RockwoodAdventist>

Telephone: (503) 661-4100

Please note that messages left on voice mail after office hours on Thursday will not be heard until Monday morning.

### Support Your Church Financially online at

[www.RockwoodAdventist.com/onlinegiving](http://www.RockwoodAdventist.com/onlinegiving)

Ministers	Everyone	ask-them
Lead Pastor	Gene Heinrich	(503) 781-5799
Secretary	Kamille Ross	(503) 661-4100
Deacon Team Leader Today		Ken DesCamps

# Rockwood Seventh-day Adventist Church



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## Growing Disciples Preparing People to Meet Jesus

December 28, 2013



## House of Prayer Experience

9:30 A.M. to 9:55 A.M.

*Do you need hope? Do your friends, family, and/or neighbors need hope? Join us every Sabbath morning as we pray for our community, our church, and our families. If you are longing for hope in the midst of apparent hopelessness the House of Prayer Experience is for you.*

## Small Group Bible Study

10:00 A.M. to 10:50 A.M.

*Please visit our information desk for a complete list of Saturday Morning Bible Study Groups. We invite you to join the group of your choice.*

## Worship

11:00 A.M. to 12:15 P.M.

Welcome & Greeting Time	Pastor Gene
Lamb's Offering and Children's Story	Pastor Gene
Our Gift to God - OC Youth/Ed Fund	Everyone
Organ Offertory	Ann Erlandson
Introduction to Foot Washing	Pastor Gene
Foot Washing	Men - Cradle Roll II Women - Youth Room, Families - Fellowship Hall
Praise Time	Praise Team
<b>Celebrate The Lord's Supper</b>	
Benediction	Pastor Gene
"In a Little While"	Congregation
Organ Postlude	Ann Erlandson

*A Love Fund Offering for those in need will be taken at the door as you leave after the service.*

## Rockwood Community News

**Second Reading/Transfer In:** Brent Sumaraga from Stockton Filipino-American SDA Church, Stockton, CA.

**Seven Days of Prayer** - Wednesday, January 1 through Tuesday, January 7, meet in the Sanctuary at 7:00 am and/or 7:00 pm.

**All-Church Potluck next Sabbath, January 4.** Please bring extra food for our guests.

**Starting on January 4, 2014** all of our Sabbath school classes, adult and children's divisions, will start at 9:30 am.

**Deacon/Deaconesses/Elders Meeting** - January 4th at 1:45pm - A joint planning meeting for our Deacons, Deaconesses and Elders is scheduled for January 4 immediately following Potluck cleanup. All Deacons, Deaconesses and Elders are requested to attend.

**Revelation: Hope, Meaning & Purpose** - Pastor Gene will be conducting a twelve part study through the book of Revelation beginning January 10 at 7:00pm. The series will continue Friday-Monday evenings from 7:00-8:30pm through January 27. For more information or to register visit <http://relevantseminars.org/rockwood>. This is an interactive group study and seating will be limited so invite a friend and register today!

**Rockwood's Christmas Card Box** will be in the lobby through the second Sabbath in January. There are still lots of cards in the box! Please check for those addressed to you.

**Big Lake Snow Trip** - January 31 to February 2, 2014. A sign-up sheet is on the bulletin board or register online at [www.RockwoodAdventist.com](http://www.RockwoodAdventist.com)

**Special Thanks** - "Thank you for the prayers, the card and the support after my brother died." - **Larry & Janet Journey**

**Ladies** - The first half of your fee (\$70) for the May 16-18 retreat is due February 1st. Our guest speaker is Kay Rizzo. If you have questions please talk to Shirley Jordan (503) 667-0230 or Kamille Ross (503) 328-8482.

**Choir Music** - If you have choir music in your possession please return it to the church, placing it in the sanctuary piano bench. Thanks!

**Name, Address, Phone or Email Changes this Year?** If so, please turn these changes in to the church office before the end of 2013. The 2013 tithe receipts will be mailed out the 3<sup>rd</sup> week of January, 2014, to the name and address on file.

**Children's Safety** is a priority at Rockwood Adventist. The Child Protection Policy and Guidelines are available on the bulletin board. Parents please escort your children to the restrooms and be aware of their whereabouts at all times.

## Other News and Events

**Interested in Going on a Mission Trip this Year?** Ohana Adventist Church is sponsoring a mission trip to Costa Rica March 23<sup>rd</sup> - April 7<sup>th</sup>, 2014. The project will include building a church, providing dental services, a health fair, vacation bible schools and an evangelistic campaign. If interested call Doug at (503) 658-2084 or email [ohanachristian@gmail.com](mailto:ohanachristian@gmail.com)

**Heart Help (The Mode)** - This 10-week small group starts mid-January, on Thursdays, from 6:30-8:30 pm. It focuses solely on rejection and its devastating impact on our thoughts, feelings and behaviors. Groups are confidential and gender specific, and will be held at Healing Hope SDA Fellowship, 15150 NE Glisan. To register call (503) 957-0809.

**Oregon Conference Prayer Conference** March 28-30, 2014 - Mark your calendar now for this weekend with featured presenter Pavel Goia, author of the book "One Miracle after Another". It will be at Twin Rocks. To register please visit <http://orgcpersonalmin.netadvent.org/2014-prayer-retreat>