

Live the LIFE in 2015

Millions of people read and study the Bible every year but few experience the life that God dreams for them. Some people look at the Bible as just another piece of ancient literature, others treat it like a textbook. However, in the hands of someone who is disciplined and lead by the Holy Spirit the Bible becomes the living Word of God.

I believe the most transforming thing we can do both for ourselves and those we love is to develop a personal relationship with Jesus. Key to this relationship is an interactive approach to your daily devotions. The system that works for me is called the L.I.F.E

The L.I.F.E. is comprised of: LISTENING to God daily as He speaks directly to us through the Bible; INQUIRING or seeking a wholehearted relationship with Jesus; FAITH learning to trust Jesus as Lord and Savior as our relationship grows; and EXPERIENCING the transforming power of God as we apply the lessons He teaches us on a daily basis and share these experiences with others.

Along with many other people I've discovered that most effective tool for developing a disciplined L.I.F.E. style approached to studying the Bible is a journal. While I used to think that journaling was an option I've come to believe that it is a necessity. First and foremost I believe it's a necessity because Scripture commands us to share what God teaches us with future generations (Habakkuk 2:2, Psalm 78:4, Psalm 102:18). Journaling allows us to record what God teaches us each day as we study and interact with Him. Second, it is a necessity because journaling helps us to stay focused amidst the enemy's attempts to distract us.

If you are looking for something that will transform your relationship with Jesus in 2015 try the L.I.F.E Journaling approach to your daily walk with God. To request more information about L.I.F.E. Journaling, including a personal journaling session with Pastor Gene, email pastorgene@gmail.com.

Week at a Glance

Today	Sunset-Farewell to Sabbath	4:40 pm
Sunday	NO Pathfinders this Week	
Tuesday	Tuesday Morning Bible Study	11:30 am
Wednesday	Prayer Power Group	7:00 pm
Friday	Sunset-Welcome the Sabbath	4:46 pm
Next Sabbath:	Sabbath-School Classes	9:30 am
	Offering: Church Budget	
	Worship Service	11:00 am
	All-Church Potluck	12:30 pm
	Sunset-Farewell to Sabbath	4:47 pm

Do You Have An Urgent Prayer Request? To start the prayer chain please call the church office (503) 661-4100.

Contact Information

Church Office Hours

9-4 Tues. & Wed., 9-3 on Thurs.

1910 SE 182nd Ave., Portland, OR 97233

E-Mail: RockwoodAdventist@gmail.com

Website: www.RockwoodAdventist.com

Telephone: (503) 661-4100 / WiFi Password: Heistrisen

Join us on Facebook <https://www.facebook.com/RockwoodAdventist>

Support Your Church Financially online at

www.RockwoodAdventist.com/onlinegiving

Ministers	Everyone	(ucn) ask-them
Lead Pastor	Gene Heinrich	(503) 781-5799
Secretary	Kamille Ross	(503) 661-4100
Deacon Team Leader Today		Dave Stefonek

Rockwood Seventh-day Adventist Church



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Growing Disciples Preparing People to Meet Jesus

January 3, 2015



Exploring the Way

Small Groups

9:30 A.M. to 10:45 A.M.

Please visit our information desk in the lobby for a complete list of Sabbath School Groups. We have groups for ALL ages! We invite you to join the group of your choice.

Worship

11:00 A.M. to 12:15 P.M

Welcome	Pastor Gene
Children’s Story	Pastor Gene
Our Gift to God	Church Budget
Organ Offertory	Everyone Barbara Specht
Testimony	Carl Fulton
“Were it Not for Grace”	Pat Castillo
Testimony	Juan Pino
Praise Time	Praise Team
Baptism	Juan Pino

Cardboard Testimonies

Closing Song	“Jesus Saves”	Hymn #340
Prayer Garden	Todd Lincoln	
Organ Postlude	Barbara Specht	

Audio Recordings of our weekly Bible Teachings are available online or through our media library located in the lobby.

Rockwood Community News

Caring Card – Please stop at the desk in the lobby and sign the card for **Clyde Nelson** who has been in the hospital.

All Church Potluck Next Sabbath, January 10 – Our first all church potluck for 2015 will be next Sabbath. Please bring your favorite entrées, salads, and dessert

Your Rockwood Treasurer is requesting the following: If you had a change of Name, address, including zip code & phone numbers during 2014, please give this information to the church office ASAP! Your tithe receipts will be mailed by the end of January, 2015.

Dave Ramsey’s Financial Peace University is coming back to Rockwood on February 18, 2015. For additional details or to register please visit <http://goo.gl/VDOITa>. A free information session will be held on January 14 at 7:00 pm.

Wanda Vaz Worship Concert – Mark your calendar and invite your friends to join you for worship on January 31. Wanda Vaz will be sharing the good news about Jesus through song.

Getting Involved – If are new to Rockwood or if you looking for ways to make a difference through service please visit our website and complete the **Volunteer Survey**. If you do not have a computer please pick up a survey from the church office.

The Christmas Card Box is in the lobby and will be there through the second Sabbath in January. Please remember to look for cards addressed to you! Each year there are MANY cards that don’t get picked up!

Children’s Safety is a priority at Rockwood Adventist. The Child Protection Policy and Guidelines are available on the bulletin board. Parents please escort your children to the restrooms and be aware of their whereabouts at all times.

Big Lake Snow Trip – February 27 to March 1, 2015. Please get this on your calendars! For registration and info visit RockwoodAdventist.com/news_entries/2810

Other News and Events

Join Us for a Delicious VEGAN Potluck and fascinating presentation by Robert Ellis, DO, PhD on Nutritional Approaches to Cancer Prevention. Dr. Ellis works in the Hematology and Oncology Department at Kaiser Permanente in Longview, Washington, where he is developing a program that integrates healthy eating in the treatment regimen for patients with malignant disorders. January 11, 5 pm at Healing Hope SDA Fellowship, 15150 NE Glisan St. Portland, OR. This is a NW Veg sponsored event. Please bring a vegan (plant-based with no animal products, including honey) main dish, salad, or dessert and a card listing its ingredients. We strive for a zero waste event so please bring plates and utensils for your use. For those who bring a dish, if you come alone, figure the amount to serve 4–6 generously; increase the amount 4 servings for each additional person in your party/family. If you have difficulty coming up with a Vegan dish, fresh fruits and veggies are excellent choices.

Heart Help Presents a FREE video seminar, “Binding the Wounds”, with Drs. Ron & Nancy Rockey at Healing Hope SDA Fellowship, January 17-18. This seminar starts at 11 am on the 17th, and a potluck lunch will be served both days. Towards the end of the seminar on Sunday we will have a SKYPE Q&A with Ron & Nancy. Healing Hope is located at, 15150 NE Glisan St. Portland. Drs. Ron and Nancy Rockey teach from experience. Years of marital frustration and discord led them to graduate degrees in Marriage and Family Therapy and Pastoral Counseling. Their “mess became their mission” as they often say. “What doesn’t kill you often creates a passion within you to help others who struggle in life.” For more information or to register please contact Audrey Woods, (503) 957-0809.