

## News from the Pastor's Desk

**New Creation Resource Center** - Stan Hudson, who has served as pastor of the Moscow (Idaho) and Pullman (Wash.) churches, will soon take on a new role, developing a North Pacific Union Conference (NPUC) Creation Resource Center. In this role, he will gather creation resources; coordinate study programs; plan field trips for pastors, teachers and students; present weekend creation seminars at Northwest churches; and visit academies and elementary schools for science presentations and weeks of prayer. Hudson is known for his creation seminars and Lifetalk Radio show *Sink the Beagle*. Learn more at [GleanerNow.com](http://GleanerNow.com)

**Adventist Medical Center**- Our own Adventist Medical Center was recently named one of Oregon's Top Workplaces by the Oregonian. Learn more at <http://tinyurl.com/AMCONTOP>.

**Revelation Today Live Stream** – Pastor John Bradshaw with It Is Written explores the book of Revelation live from Chattanooga, TN October 9-31 at 4pm PST. Visit [RevelationToday.com](http://RevelationToday.com) for more information including an app to live stream on your smartphone.

**Sleep – Is it what you are missing most?** If you aren't consistently getting a good night's sleep, a new study suggests you could be reducing your ability to lower oxidative stress. Uncontrolled oxidation is one of the primary toxins that leads to heart disease, promotes cancer, and causes strokes, autoimmune problems, and inflammation. It accelerates aging and increases motor and neurological deterioration. Continue reading more about this and more sleep research at [adventistreview.org/1524-20](http://adventistreview.org/1524-20)

**Thank You for Raising the Roof** – We have raised \$27,345 toward our goal of \$91,000 for our Capital Improvement and Roof replacement campaign. This puts us just over 30% and your continued contributions to the Capital Improvement Fund will help us reach our goal of 50% by December 31.

## Week at a Glance

Today	All-Church Potluck Leadership Meeting Sunset-Farewell to Sabbath	12:30 pm 2:00 pm 6:34 pm
Sunday	Pathfinder Meeting	6:00 pm
Tuesday	Tuesday Morning Bible Study Elder's Meeting	11:30 am 6:30 pm
Wednesday	Bulletin Information Deadline Prayer Power Group	3:00 pm 7:00 pm
Friday	Sunset-Welcome the Sabbath	6:24 pm
Next Sabbath:	Sabbath-School Classes Offering: Church Budget Sunset-Farewell to Sabbath	9:30 am  6:22 pm

**Do You Have An Urgent Prayer Request?** To start the prayer chain please call the church office (503) 661-4100.

## Contact Information

Office Hours: 9-4 Tues. & Wed., 9-3 on Thurs.  
1910 SE 182<sup>nd</sup> Ave., Portland, OR 97233  
E-Mail: [RockwoodAdventist@gmail.com](mailto:RockwoodAdventist@gmail.com)  
Website: [www.RockwoodAdventist.com](http://www.RockwoodAdventist.com)  
Telephone: (503) 661-4100

**WiFi Password: Heisrisen**

Join us on Facebook [facebook.com/RockwoodAdventist](https://facebook.com/RockwoodAdventist)

**Support Your Church Financially online at**  
[www.RockwoodAdventist.com/onlinegiving](http://www.RockwoodAdventist.com/onlinegiving)

Ministers	Everyone	(ucn) ask-them
Lead Pastor	Gene Heinrich	(503) 781-5799
Karen Bible Worker	Doh Soe	(704) 302-0022
Secretary	Kamille Ross	(503) 661-4100
Deacon Team Leader	Today	Kevin Mengis

## Rockwood Seventh-day Adventist Church



## Growing Disciples Preparing People to Meet Jesus

October 10, 2015



## Exploring the Way

### Small Groups

9:30 A.M. to 10:45 A.M.

*Please visit our information desk in the lobby for a complete list of Sabbath School Groups. We invite you to join the group of your choice. We have groups for ALL ages!*

### Worship

11:00 A.M. to 12:15 P.M.

Welcome	Pastor Gene
Children's Story	Pastor Gene
Our Gift to God	"Voice of Prophecy" Everyone
Praise Time	The Praise Team
Prayer Garden	Todd Lincoln
Worship in Song	Vern Williford
Worship in Word	"Family Ties" Pastor Gene
Worship in Song	"Holy Spirit Rain Down" "Power of Your Love" Natalya Osina, Ella Protsenko, & Larisa Koziarowskaia
Postlude	Donna Jones

*Audio Recordings of our weekly Bible Teachings are available online or through our media library located in the lobby.*

## Rockwood Community News

**Please Join Us** downstairs for food and fellowship after the worship service this morning. All are welcome!

**Leadership Meeting** for Elders, Deacons, Deaconesses and Sabbath School Volunteers - All volunteers in these positions are requested to attend a leadership meeting with Pastor Gene at 2:00 pm this afternoon (immediately following the fellowship meal and clean up).

**Free Cooking & Nutrition Class**, by the Oregon Food Bank, here at Rockwood each Wednesday from 11:00 am to 1:00 pm, October 7 through November 11. Emphasis in on quick, tasty, nutritious and affordable meals. This is a "Friend-Making" ministry, so sign up! This invitation is going out to the Rockwood neighborhood, with space for about 30 people. To register call Jeff Holland at (503) 988-9111. Jeff is the director at the County clinic next door to Rockwood.

**The P.A.C.S. COW** will be at the Rockwood building (124 NE 181<sup>st</sup> Ave) on Monday, October 12, from 4:00 to 6:00 pm. If you, or someone you know, needs food assistance, please join us at the COW.

**Are You New to Rockwood?** If you've attended Rockwood for two years or less, the Church Board invites you to attend an Ice-Cream Social on October 24 at 6:30 pm. Our leadership team is looking forward to getting to know you better and discover how we can fulfill Jesus' mission together.

**Fall Festival on October 31** - Looking for an alternative to Trick-or-Treat? Join our Pathfinders downstairs in Fellowship Hall for Shamburgers and Smoothies, games and prizes. (This is a Pathfinder fundraiser.)

**Children's Safety** is a priority at Rockwood Adventist. The Child Protection Policy and Guidelines are available on the bulletin board. Parents please escort your children to the restrooms and be aware of their whereabouts at all times.

**All Elders** - Please join us for an extra meeting this month, at 6:30 pm on Tuesday, October 13.

**Shuttle Drivers Needed** - We would like to recruit three additional shuttle bus drivers to help us fully launch our Sabbath morning church bus ministry. No CDL is required for these twelve passenger handicap accessible buses. If you have a good driving record and would like to serve those in our community without regular transportation please email [pastorgene@gmail.com](mailto:pastorgene@gmail.com)

## Other News and Events

**The Adventist Book Center's** Fall Case Food & Book Sale at Gladstone will be Oct. 18 - Nov. 8, 2015. Save \$10.00-\$15.00 off the case price on our food super specials. Many Bibles, Cookbooks and other books are also on sale. There will be samples of new vegetarian food Oct. 18. Download our sale flyer at [www.abcflyer.com](http://www.abcflyer.com)

**Join Walla Walla University** President, John McVay, for a complimentary alumni dinner on Saturday, November 14, 7:00 pm, at the Old Spaghetti Factory in Clackamas. RSVP no later than November 12 at [alumni@wallawalla.edu](mailto:alumni@wallawalla.edu)

**Portland Adventist Academy** is having their annual Student Scholarship Auction on November 15, 2015. Tickets are \$20/person or \$125/table of 8 people. We also need auction items such as event tickets, vacation homes & gift certificates. To attend the event or donate, please call Heidi Woodworth (503) 255-8372 x 230 or email her at [hwoodworth@paasda.org](mailto:hwoodworth@paasda.org)

**2016 Great Controversy Tours** (July 15 to 28) with Dr. Gerard Damsteegt of the Seminary, Andrews University. See the prophecies of Daniel and Revelation come alive. Visit Rome and the Reformation sites in the Waldensian Valleys, Switzerland, and Germany. These tours give you a new vision how to inspire church members for Jesus' coming and future challenges. A most exciting experience! Call (269) 815-8624 or email [gctours@mac.com](mailto:gctours@mac.com)