

An Introduction to Communion

Anyone who has accepted Christ as his or her savior is welcome to participate in our communion service. As a Seventh-day Adventist Church, we celebrate communion once every three months and on other special occasions throughout the year.

Communion is an occasion of solemnity and heart-searching, of rejoicing and anticipation. Our service is designed to bring the congregation encouragement and spiritual renewal. As we partake, we joyfully proclaim the Lord's death until He comes again. At the conclusion of the service, a special offering is taken for the needy.

First Time Participants

If this is your first time to participate in a communion service, we invite you to join the appropriate group for the ordinance of humility (foot washing). Someone will gladly guide you through the service and/or you are welcome to just observe. Those who choose not to participate in The Ordinance of Humility, including children, are welcome to remain in the sanctuary for a brief video presentation.

The Ordinance of Humility or foot washing service is meant to symbolize Christ's washing of his disciples' feet at the Last Supper. Participants separate by gender or families to the appointed area to conduct this ritual. This allows men to serve men, women to serve women, and/or family members to serve each other. Ordained by Jesus, this service symbolizes a renewed cleansing, and a willingness to serve one another in Christ-like humility, and to unite our hearts in love. (John 13:5-20)

The Lord's Supper is a participation in the emblems of the body and blood of Jesus as an expression of faith in Him, our Lord and Savior. Preparation for the Supper includes self-examination, repentance, and confession. The emblems for this service consist of unleavened bread and unfermented wine (grape juice). (1 Cor. 10:16, 17; 11:23-30; Matt. 26:17-30; Rev. 3:20; John 6:48-63.)

Week at a Glance

Today	Sunset-Farewell to Sabbath	7:32 pm
Sunday	Pathfinders	6:00 pm
Tuesday	Tuesday Morning Bible Study	11:30 am
Wednesday	Bulletin Information Deadline Prayer Power Group	3:00 pm 7:00 pm
Friday	Sunset-Welcome the Sabbath	7:40 pm
Next Sabbath:	Sabbath School Classes Offering: Church Budget Sunset-Farewell to Sabbath	9:30 am 7:41 pm

Do You Have An Urgent Prayer Request? To start the prayer chain please call the church office (503) 661-4100.

Contact Information

Office Hours: 9-4 Tues. & Wed., 9-3 on Thurs.
1910 SE 182nd Ave., Portland, OR 97233
E-Mail: RockwoodAdventist@gmail.com
Website: www.RockwoodAdventist.com
Telephone: (503) 661-4100

WiFi Password: Heisrisen

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www.RockwoodAdventist.com/onlinegiving

Ministers	Everyone	(ucn) ask-them
Lead Pastor	Gene Heinrich	(503) 781-5799
Karen Bible Worker	Doh Soe	(704) 302-0022
Secretary	Kamille Ross	(503) 661-4100
Deacon Team Leader	Today	Ken DesCamps

Rockwood Seventh-day Adventist Church



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Growing Disciples Preparing People to Meet Jesus

March 26, 2016



Exploring the Way

Small Groups

9:30 A.M. to 10:45 A.M.

Please visit our information desk in the lobby for a complete list of Sabbath School Groups. We invite you to join the group of your choice. We have groups for ALL ages!

Worship

11:00 A.M. to 12:15 P.M

Welcome Pastor Gene

Children's Story Pastor Gene

Our Gift to God "OC Youth Support" Everyone
Offertory Brent Sumaraga

Worship in Song "Mary at the Tomb" Choir

Worship in Word Pastor Gene

Foot Washing Service

"The Wonderful Cross" Praise Team

"Do This in Remembrance of Me" Junior & Youth

"Didn't I See My Lord" Choir

Celebrate the Lord's Supper

"We Have This Hope" Congregation

Postlude Brent Sumaraga

A Love Fund Offering for those in need will be taken as you leave at the conclusion of the service this morning.

Rockwood Community News

Mission Rockwood – On March 29 we will be partnering with Portland Adventist Academy and Anawim Christian Community to make improvements to Anawim's homeless support facility on 196th and Glisan. We plan to do some interior painting and exterior prep work. Then later this spring we will help paint the exterior of their facility. If you would like to help, block out Tuesday, March 29 on your calendar and contact Pastor Gene as soon as possible.

Impact Your Health – We are partnering with several other Adventist churches and the Adventist Medical Evangelism Network to sponsor a free medical, dental and vision clinic August 26 and 28 at Portland Adventist Academy. Please watch your bulletins and inboxes for more information in the weeks to come. If you are interested in volunteering please visit www.AmenSDA.org/mission/info/Portland-OR

Humanitarian Fund – All of the ministry activities mentioned above are being funded through your donations to our Humanitarian Fund. To financially support these programs earmark your donations as "Humanitarian" under local church on our offering envelopes or at RockwoodAdventist.com/onlinegiving

Shadow Empire – We are partnering with the Voice of Prophecy to present a four-part series on the emperor Constantine and the rise and fall of religious freedom. Save April 28-30 on your schedule for this powerful event. See your bulletin insert for more information or visit www.ShadowEmpire.com

Attention Members! – Please, if you have not already turned in your family information sheets for the new pictorial directory, stop at the label desk and pick up a sheet. Drop it in the offering plate, or put it on Kamille's desk. Even if you think the office has all your info, please fill out a new form for this directory. Also, please email your family picture to rockwoodadventist@gmail.com

A Baby Shower for Michelle O'Meara is scheduled here at Rockwood on April 3 at 3:00 pm. She is expecting a boy, and she's registered at Target and Baby's 'R Us.

Our Next All-Church Potluck is scheduled for the second Sabbath in April, April 9. It will be followed in the afternoon by Compassion Sabbath outreach ministry.

Mark Your Calendars for a "Going Away" Party for the Cootz Family on Saturday night, April 9. We will miss them as they head for Africa and new adventures with God.

Children's Safety is a priority at Rockwood Adventist. The Child Protection Policy and Guidelines are available on the bulletin board. Parents please escort your children to the restrooms and be aware of their whereabouts at all times.

Other News and Events

Please Remember the Ellis Family in prayer – PAA teacher, Tim Ellis, passed away. His fight with an aggressive melanoma is now over and he is at rest. Please remember his family and the PAA students and faculty in your prayers.

The ABC Easter Special, hosting Jaime Jorge, the Aeolians (Oakwood University's Choir), and Cece Winans, will air on Portland's ABC affiliate KATU Channel 2 on March 27, at 11:00 am. ABC partnered with Oakwood University for this year's Easter Special. Visit <http://breathoflife.tv/easter.html>

Young Adult Spring Retreat at Rockaway Beach, April 8-10. Our new Young Adult Ministries Director, Benjamin Lundquist, will be sharing his experience and how you can find your own unshakable identity in Christ. Learn more and register online at yaspringretreat16.eventbrite.com

The Oregon Conference is hiring an administrative assistant for the Adventist Risk Management Department. For more information, please visit oregonconference.org and click the tab Departments, Human Resources, and then Employment.